

Communion Meditation
Jesus – The Bread of Life
Jn 6:32-35

Introduction:

1. "Bread of life" is a fitting title for the One who was born in Bethlehem (house of bread)
2. This statement is the first of seven "I am" statements of Jesus in John's gospel
3. God revealed Himself to Moses as the "I am"
4. He is the self-existent One, who is, was and is to come
5. Jesus is the bread of life - what does this mean to us?

I. The Name of the Bread Describes it's Nature – Jn 11:25

25 Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live:

1. Wheat bread is made from wheat and rye bread is made with rye
2. Bread of life describes His nature and character
3. He is life
 - a) *Joh 1:4 In him was life; and the life was the light of men.*
 - b) *Joh 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.*
 - c) *1Jo 5:12 He that hath the Son hath life; and he that hath not the Son of God hath not life.*

II. Bread was Necessary – Jn 14:6

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

1. In Christ's day, bread was essential - for it was a staple
2. Jesus is claiming to be One that we could not do without
3. There is no spiritual life or health apart from the Bread of God
4. Christ is necessary if one wants to go to heaven - Jn 14:6
5. Are you trying to do without Him?
 - a) *"I can get by"*
 - b) *"I can take care of myself"*
 - c) *"I have a house, a couple of cars, a good job, a wife, a family - I don't need Jesus"*
6. Everything in this life can go well for you and then you can die and lose your soul - what a great loss

III. Bread was Available and Suitable for All

1. Rich or poor, young or old, bread was for everyone
2. Jesus is available to all who want Him
 - a) *Ro 10:13 For whosoever shall call upon the name of the Lord shall be saved.*
 - b) *2Pe 3:9 The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.*
 - c) *1Ti 2:4 Who will have all men to be saved, and to come unto the knowledge of the truth.*

IV. Bread was Used for Cleansing

1. Bread was the napkin of the meal
2. A final scrap of bread was used to wipe the face
3. This is what Lazarus wanted from the table of the rich man
4. Christ cleanses us
 - a) *1Co 6:11 And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God.*
 - b) *1Jo 1:7 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.*
 - c) *1Jo 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*

V. Bread Does Not Grow on Trees, It Must Be Supplied

1. Grain must be grown, cut down, beaten, ground and baked in fire
2. Christ went through the fires of sufferings for you and me
3. He was given to us as a gift from God the Father
4. He was the seed of the woman, grown, beaten, ground in suffering and cut down on the Cross for you and me
 - a) *Isa 53:5 But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.*
 - b) *Isa 53:10 Yet it pleased the LORD to bruise him; he hath put him to grief: when thou shalt make his soul an offering for sin, he shall see his seed, he shall prolong his days, and the pleasure of the LORD shall prosper in his hand.*
 - c) *1Pe 3:18 For Christ also hath once suffered for sins, the just for the unjust, that he might bring us to God, being put to death in the flesh, but quickened by the Spirit:*

VI. Bread Produces Growth

1. It is not enough to know about bread, it must be eaten to do any good
2. Christ must be appropriated to do a person good
 - a) *Joh 15:4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. 5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.*
 - b) *2Pe 3:18 But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.*

VII. Bread Satisfies a Hungry Soul

1. Ps 107:9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.
2. Isa 58:11 And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.